



## WHERE EVERY TREATMENT IS WORTH A THOUSAND "AHHHHHHS."

Our salon and spa is the best-kept secret in the Quad Cities! We specialize in beauty and wellness services that enrich the mind, nourish the body, and soothe the spirit. Spa treatments are not only luxuries, but essential elements of your well-being and balanced living.



### *Your Escape to Wellness*

Experience instant transformation upon entering our vast and luxurious spa chambers. Everything beyond the lobby will feel like an escape into another universe leaving all of your troubles and responsibilities far behind. Starting in the cozy locker room where your belongings (physical and mental) can be stored and our extremely plush robes donned, you will take your time traveling through what feels like an infinite sea of pampered pleasure. The high-end bathroom and vanity area, spa services corridor, and the lavish lounge are all designed with your peace in mind. Whatever you choose, take your time and relax prior to and after your scheduled service. All areas of the spa, including the massage rooms, plenty spacious so your journey can be your own, or shared with friends.



## Massage THERAPY

### BAMBOO INFUSION MASSAGE | \$125 | \$188

Heated bamboo sticks to create a deeper tissue massage with an extreme sense of relaxation. Reduces and relieves muscle tension.

### MINDFUL DREAMS MASSAGE | \$110

This massage offers a heightened sense of relaxation and a power sleep encouraging experience. Be ready to have all your stresses, strains and tensions melt away with this ultimate relaxing massage.

60 minutes.

### CUSTOM MASSAGE | \$65 | \$90 | \$135

A personalized blend of massage techniques designed to promote wellness of the mind, body, and spirit. Stimulate your circulation, release muscle tension and enhance relaxation. Choose from light, medium, or deep pressure, deep tissue, maternity or sports. 30, 60, or 90 minutes.

### COUPLE'S MASSAGE | \$210 | \$290

This spa experience is designed for two people who seek quality time together. Each massage is personalized to meet your individual needs. Includes champagne and chocolate treat for two.

60 or 90 minutes.



## Massage

### ENHANCEMENTS

#### MASSAGE CUPPING | \$15

Used to treat pain, reduce swelling and muscle knots. Increases blood circulation.

#### HOT STONE MASSAGE | \$25

Eases muscle stiffness and increases circulation and metabolism, promotes deeper muscle relaxation

#### FOOT SCRUB | \$15

Removes dry skin, soothes discomfort and pain, helps relieve achy feet.

#### COLD STONE FACE MASSAGE | \$15

Decreases inflammation, serves as a decongestant

#### ARNICA HEALING | \$15

Eases muscle and joint pain with our arnica infused products.

#### MAGNESIUM MELT THERAPY | \$15

Relax muscle tension and cramps with our Magnesium products.

ADD-ON SERVICES DO NOT EXTEND TREATMENT TIME.



## *Eminence* FACIALS

### MICRODERMABRASION AND ENZYME TREATMENT | \$110

Using our Diamond Tip microdermabrasion to first exfoliate the skin and then finish with our customized enzymes to get a deeper exfoliation to bring out glowing, smooth skin. 60 minutes.

### FACE LIFT FACIAL | \$165

A customized facial with added trademarked technique using acupressure, myotoning, myofascial release and massage. Techniques incorporating hot and cold stone therapy, resulting in a lifted, toned face. Perfect to do before big events or to book a series to see permanent results. 90 minutes.

### ARCTIC BERRY ADVANCED PEEL | \$115

This peel uses the power of arctic berries, lingonberry seed oil and hibiscus seed to target aging, hyperpigmentation as well as acne prone skin. Discover smooth, even and luminous skin. 60 minutes.

### PRO SALICYLIC ACID PEEL | \$115

This concentrated peel gives maximum results without irritation. This treatment targets congested pores to help improve acne breakouts. 60 minutes.

### CUSTOMIZED FACIAL | \$65 | \$100 | \$150

Our custom facials are customized to treat aging, acne, dry, sensitive and hyper-pigmentation. All facials include a double cleanse, skin analysis, exfoliation, extractions, masque, boosters, eye cream, and moisturizer. 30, 60, or 90 minutes.



## *Elemis* FACIALS

### ELEMIS ADVANCED TECHNOLOGY AGE DEFYING FACIAL | \$175

Rediscover the architecture of your face with this blend of 6 technologies. We use Ultrasonic peel for an advanced resurfacing treatment, Microcurrent pulse to help give an instant face lift, while Galvanic Current dramatically softens and hydrates, followed by custom light therapy mask, next we use Cryotherapy to tighten and brighten, so fine lines and wrinkles begin to disappear as your body responds to the cold by producing more collagen, and we finish with Oxygen Infusion to the skin to detoxify, and soften facial aging lines and wrinkles. 90 minutes.

### ELEMIS DYNAMIC RESURFACING FACIAL | \$110

This resurfacing facial addresses skin tone, blemishes, and fine lines to transform the texture of the skin. The ultrasonic peel reveals noticeably smoother complexion while extractions deeply cleanse and detoxify. Wrinkles and fine lines appear smoothed to leave a complexion that has never been softer or smoother. 60 minutes.



## Facial

### ENHANCEMENTS

#### FACIAL CUPPING | \$15

Increases blood circulation, strengthen skin and connective tissue, boosts collagen and elasticity production, visibly reduces fine lines and deep wrinkles.

#### ULTRASONIC | \$15

Allows for deeper penetration of products being used, tightens and tones, diminishes wrinkles, and stimulates blood circulation.

#### HIGH FREQUENCY | \$15

Used to help treat and prevent acne, shrink enlarged pores, and reduce the appearance of fine lines and wrinkles.

#### BRIGHT EYE TREATMENT | \$25

Customized products are used to reduce puffiness, diminish fine lines and wrinkles, and hydrate the eye area.

#### LIP SERVICE | \$15

Exfoliation, mask and moisturizer of this often neglected area.

#### COLD STONE FACE MASSAGE | \$15

Decreases inflammation, serves as a decongestant

#### MICROCURRENT | \$20

Re-educates the muscles to firm and tighten skin, reduce fine lines and wrinkles.

ADD-ON SERVICES DO NOT EXTEND TREATMENT TIME.





## Body TREATMENTS

### SEAWEED BODY BUFF | \$75

The ultimate treat for dull tired skin. We start with a mineral rich seaweed scrub and oil all over your body and finish with a nourishing and hydrating lotion. 45 minutes.

### LAVENDER AND SEAWEED SUGAR GLOW | \$75

A wonderful fragrant mix of lavender oil, seaweed and sugar this treatment has a double action of gently removing dead skin cells with sugar and healing with the seaweed extracts and lavender essential oil. 45 minutes.

### PEPPERMINT AND SEAWEED SUGAR GLOW | \$75

This refreshing and all over exfoliation treatment awakens the skin and body. It features a beautiful mix of peppermint leaf, seaweed and sugar. Gently removing dead skin cells while uplifting with peppermint oil. 45 minutes.

### ORGANIC SEAWEED LEAF WRAP | \$130

This amazing detoxifying therapy uses seaweed leaves to scrub and wrap your body. Begins with a body buff to detoxify, firm and soften skin, then the whole body is covered in Seaweed leaves for instant results, completed by an application of hydrating and softening lotion. 90 minutes.

### ORGANIC TANGLE ME UP BODY WRAP | \$130

This wrap hydrates and relaxes tired muscles and relieves stress. Tones and firms the skin. This body treatment starts with a fully body dry brush to increase circulation, then a seaweed paste is applied to the body and finished with an application of our hydrating lotion, to leave your skin nourished and softened. 90 minutes.



## *Hair* DESIGN

WOMEN'S HAIRCUT & STYLE | \$50+

GENTLEMAN'S CUT | \$30+

BANG TRIM | \$15+

BEARD TRIM | \$15+

CLEANSE & BLOW DRY | \$25

CLEANSE & STYLE | \$40

PARTIAL COLOR | \$65+

FULL COLOR | \$85+

PARTIAL HIGHLIGHT | \$75

FULL HIGHLIGHT | \$95+

ADDITIONAL BOWL OF COLOR | \$20

COLOR CORRECTION | UPON CONSULTATION





## Waxing SERVICES

BROW | \$20

CHIN | \$15

CHEST | \$40

LIP | \$20

NOSE | \$15

EAR | \$15

BACK | \$50

HALF/FULL ARM | \$30 | \$40

HALF/FULL LEG | \$45 | \$75

UNDERARM | \$25

BIKINI | \$45

FEMALE BRAZILIAN | \$75

FRENCH BIKINI | \$60

ABDOMEN | \$30

A minimum of two weeks or 1/4" hair growth  
is recommended for best results.



## Nail SERVICES

### EXPRESS MANICURE | \$30 OR EXPRESS PEDICURE | \$40

Nail shaping, massage, and a fresh polish change. 30 minutes each.

### SPA MANICURE | \$45 OR SPA PEDICURE | \$55

Nail shaping, cuticle care, massage, and polish application for our signature manicure/pedicure. Hands: 45 minutes. Feet: 60 minutes.

### SHELLAC MANICURE | \$55 OR SHELLAC PEDICURE | \$65

Instantly dry nail color with increased durability up to 14 days. Includes nail shaping, cuticle care, hand massage, and polish application. Hands: 60 minutes. Feet: 75 minutes.

### BAMBOO INFUSION PEDICURE | \$65

Our Spa Pedicure with Bamboo infusion integrates the use of heat and bamboo tools to massage the muscles of the legs and feet.

### NAIL ART | \$5 AND UP

Includes stamping, nail design, jewels, and other options available. French tips start at \$10. Polish change is \$20.



## *Gentleman's* TREATMENTS

### **MEN'S SIGNATURE FACIAL | \$65 | \$100 | \$150**

Re-balance and refresh with this specialized treatment for a man's unique skin. 30, 60, or 90 minutes.

### **MEN'S BEARD FACIAL | \$100**

Customized for a man's facial hair. Includes cleanse, exfoliation, high frequency, and beard oil. 60 minutes.

### **CUSTOM MASSAGE | \$65 | \$90 | \$135**

A personalized blend of massage techniques designed to promote wellness of the mind, body, and spirit. Stimulate your circulation, release muscle tension, and enhance relaxation. Choose from light, medium, or deep pressure, deep tissue, or sports. 30, 60, or 90 minutes.

### **SPORTS MANICURE | \$30 AND/OR SPORTS PEDICURE | \$50**

Hands / feet are excellently groomed and massaged to enhance circulation. Includes nail shaping and cuticle care.

Hands: 45 minutes. Feet: 45 minutes.

### **GENTLEMAN'S CUT | \$30**

Tailored to complement your features and your personal style and needs.

# Spa PACKAGES

## SPA REJUVENATE 1 | \$171

60 min. Massage | Spa Manicure | Spa Pedicure

## SPA REJUVENATE 2 | \$180

60 min. Facial | Spa Manicure | Spa Pedicure

## BEYOND LUMINOUS | \$220

60 min. Facial | 60 min. Massage | Spa Pedicure

## BEYOND BEAUTIFUL | \$261

60 min. Facial | 60 min. Massage

Spa Pedicure | Spa Manicure

## DAY OF DECADENCE | \$378

60 min. Facial | 90 min. Massage | Body Scrub

Spa Pedicure | Shellac Manicure





## Services & Extras

Relax stressed muscles, nourish your skin, renew tired hands and feet; and refresh your look with our many spa services. Choose from full body massages, facials, nail services, hair design, body waxing, and gentleman's treatments. Highly trained wellness providers ask the right questions so you can get exactly what you came for. It is impossible not to relax, renew, and rejuvenate in complete tranquility here.

Full use of the spa is complimentary with any spa service, so bring your bathing suit and be sure to leave enough time to indulge in our essential oil scented ice room, infrared sauna, jetted hot tub, and private steam showers. We recommend rotating through all of them at your leisure! Time is of no essence here.

*Let Your Wellness  
Journey Begin  
...For You & Your Friends!*

*Our body treatments and facials are performed by our licensed estheticians. Share all your skin care concerns and they will create a plan for you to achieve your skin care goals.*



## *Spa Hours:*

Monday: 11 AM to 6 PM

Tuesday - Saturday: 9 AM to 7 PM

Sunday: 9 AM to 5 PM

Book your appointment by calling  
563.328.8062 and be ready to share!

Once you have experienced The Spa at Rhythm City  
in Davenport, you'll want to tell everyone you know.